



ADVICE SESSIONS FOR PARENTS

We know that parenting after separation can feel overwhelming at times. That's why we've teamed up with the **Jersey Family Court Advisory Service (JFCAS)** to offer free, confidential one-to-one appointments for parents and carers.

What JFCAS can do:

- Listen and talk through the challenges of co-parenting
- Share options to help you move forward as a separated family
- Offer advice on creating safe, child-focused arrangements
- Explain how children's needs are considered in Family Court proceedings

What JFCAS can't do:

- Provide legal advice
- Take on casework outside of Family Court
- Make decisions for you — but they will help you explore your choices

These sessions are a chance to get clear, independent advice to help you make the best decisions for your children and your family.

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