



Parent Support Group

At Mind Jersey we understand the enormous challenge of parenting a child with mental health issues and the essential role you play supporting your child through these challenges.

“ We know that when a parent is supported its more likely that their child will be too. ”

Our closed Facebook community offers you a safe, non-judgmental space to explore your feelings about your child's mental health, ask questions and learn from parents who are also experiencing difficulties with their child's mental health, and connect with likeminded parents who get it!

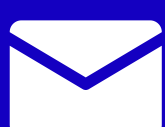
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